

## Statutory flexible working requests

### What flexible working is

Flexible working involves making a change to when, where or how someone works.

Some form of flexibility can be built into almost all jobs, regardless of the organisation's size or sector.

When considering flexible working, it's best to start by thinking about what might be possible.

### Types of flexible working

There are many different types of flexible working.

For example:

- part-time hours
- staggered hours
- remote working
- working from home
- hybrid working
- flexitime
- job sharing
- compressed hours

While some might not be practical for every job, it's likely other types will work.

[Find out more about different types of flexible working](#)

### Benefits of flexible working

Flexible working can benefit both employees and employers.

For workers, it can help:

- balance work with other parts of their life
- improve health and wellbeing
- open up more jobs to them

For employers, it can help:

- attract and keep workers
- improve productivity
- keep workers happy and motivated
- recruit for jobs that are hard to fill
- improve diversity and inclusivity

As an employer, it's good practice to have a policy on flexible working. A policy can help managers discuss and agree flexible working in a consistent way. [Read more about having a flexible working policy.](#)